



***2009/2010
Summer Season***

Race Program

Revised December 2009

January 2010

**2010 Tasmanian Championships
Qualifying Times**

MALE	11 yrs and under		FEMALE	11 yrs and under
50m Freestyle	44.00		50m Freestyle	44.00
100m Freestyle	1.38.00		100m Freestyle	1.38.00
50m Backstroke	52.00		50m Backstroke	52.00
50m Breaststroke	56.00		50m Breaststroke	56.00
50m Butterfly	48.00		50m Butterfly	48.00
200m Individual Medley	3.40.00		200m Individual Medley	3.40.00
Freestyle	OPEN		Freestyle	OPEN
50	28.00		50	31.50
100	1.04.00		100	1.10.00
200	2.25.00		200	2.32.00
400	5.00.00		400	5.20.00
800	10.50.00		1500	22.00.00
Backstroke			Backstroke	
50	36.00		50`	39.00
100	1.14.00		100	1.21.00
200	2.45.00		200	2.55.00
Breaststroke			Breaststroke	
50	40.00		50	46.00
100	1.22.00		100	1.34.00
200	3.12.00		200	3.20.00
Butterfly			Butterfly	
50	32.00		50	36.00
100	1.15.00		100	120.00
200	2.47.00		200	3.02.00
Individual Medley			Individual Medley	
200	2.43.00		200	2.54.00
400	5.44.00		400	6.04.00

16-18 January 2010

2010 Tasmanian Championships (Incorporating 11 & Under Championships)

SESSIONS:

Heats: Warm-Up 8.00am
Finals: Warm-Up 3.30pm
Warm-Up 2.30pm

Start: 9.00am
Start: 4.30pm (Day 1 and 2)
Start: 3.30pm (Day 3)

First Session – Saturday 16 January

EVENT	GENDER	DISTANCE	STROKE
1	MENS	400m	Freestyle
2	WOMENS	400m	Freestyle
3	MENS	100m	Butterfly
4	WOMENS	100m	Butterfly
5	BOYS 11 & Under	50m	Backstroke
6	GIRLS 11 & Under	50m	Backstroke
7	MENS – Multi-Disability	50m	Backstroke
8	WOMEN – Multi-Disability	50m	Backstroke
9	MENS	50m	Backstroke
10	WOMENS	50m	Backstroke
11	MENS	200m	Breaststroke
12	WOMENS	200m	Breaststroke
13	BOYS 11 & Under	100m	Freestyle
14	GIRLS 11 & Under	100m	Freestyle
15	MENS – Multi-Disability	50m	Freestyle
16	WOMENS – Multi-Disability	50m	Freestyle
17	MENS	50m	Freestyle
18	WOMEN	50m	Freestyle
19	BOYS 11 & Under	4 x 50m	Medley Relay
20	GIRLS 11 & Under	4 x 50m	Medley Relay
21	MENS	4 x 100m	Freestyle Relay
22	WOMENS	4 x 100m	Freestyle Relay
23	MENS	800m	Freestyle

Second Session – Sunday 17 January

EVENT	GENDER	DISTANCE	STROKE
24	MENS	200m	Individual Medley
25	WOMENS	200m	Individual Medley
26	MENS – Multi-Disability	50m	Breaststroke
27	WOMEN – Multi-Disability	50m	Breaststroke
28	MENS	50m	Breaststroke
29	WOMENS	50m	Breaststroke
30	BOYS 11 & Under	200m	Individual Medley
31	GIRLS 11 & Under	200m	Individual Medley
32	MENS	100m	Freestyle
33	WOMENS	100m	Freestyle
34	MENS	200m	Butterfly
35	WOMENS	200m	Butterfly
36	BOYS 11 & Under	50m	Freestyle
37	GIRLS 11 & Under	50m	Freestyle
38	MENS	100m	Backstroke
39	WOMENS	100m	Backstroke
40	BOYS 11 & Under	4 x 50m	Freestyle Relay
41	GIRLS 11 & Under	4 x 50m	Freestyle Relay
42	MENS	4 x 100m	Medley Relay
43	WOMENS	4 x 100m	Medley Relay

Third Session – Monday 18 January

EVENT	GENDER	DISTANCE	STROKE
44	MENS	400m	Individual Medley
45	WOMENS	400m	Individual Medley
46	MENS – Multi-Disability	50m	Butterfly
47	WOMENS – Multi-Disability	50m	Butterfly
48	MENS	50m	Butterfly
49	WOMENS	50m	Butterfly
50	BOYS 11 & Under	50m	Breaststroke
51	GIRLS 11 & Under	50m	Breaststroke
52	MENS	200m	Freestyle
53	WOMEN	200m	Freestyle
54	MENS	100m	Breaststroke
55	WOMEN	100m	Breaststroke
56	BOYS 11 & Under	50m	Butterfly
57	GIRLS 11 & Under	50m	Butterfly
58	MENS	200m	Backstroke
59	WOMEN	200m	Backstroke
60	MENS	4 x 200m	Freestyle Relay
61	WOMENS	4 x 200m	Freestyle Relay
62	WOMENS	1500m	Freestyle

Entries (\$9 per individual event & \$16 per Relay team) close ONLINE and at the Swimming Tasmania Office at 5pm

on

Tuesday 5 January 2010

30 January 2010– LAUNCESTON

2010 Tasmanian Age Sprint Championships (Timed Finals)

Warm-up: 2.00pm Start: 2.30pm

EVENT		GENDER	DISTANCE	STROKE
Male	Female			
1	2	12 Years	50m	Butterfly
3	4	13 Years	50m	Butterfly
5	6	14 Years	50m	Butterfly
7	8	15 Years	50m	Butterfly
9	10	16 Years	50m	Butterfly
11	12	17 Years	50m	Butterfly
13	14	18 Years	50m	Butterfly
15	16	12 Years	50m	Backstroke
17	18	13 Years	50m	Backstroke
19	20	14 Years	50m	Backstroke
21	22	15 Years	50m	Backstroke
23	24	16 Years	50m	Backstroke
25	26	17 Years	50m	Backstroke
27	28	18 Years	50m	Backstroke
29	30	12 Years	50m	Breaststroke
31	32	13 Years	50m	Breaststroke
33	34	14 Years	50m	Breaststroke
35	36	15 Years	50m	Breaststroke
37	38	16 Years	50m	Breaststroke
39	40	17 Years	50m	Breaststroke
41	42	18 Years	50m	Breaststroke
43	44	12 Years	50m	Freestyle
45	46	13 Years	50m	Freestyle
47	48	14 Years	50m	Freestyle
49	50	15 Years	50m	Freestyle
51	52	16 Years	50m	Freestyle
53	54	17 Years	50m	Freestyle
55	56	18 Years	50m	Freestyle

Entries (\$9 per individual event) close ONLINE and at the Swimming Tasmania Office at 5pm on Tuesday 19 January 2010

Qualifying Times

MALE	FREE	BACK	BREAST	FLY
12 yrs	42.00	50.00	54.00	46.00
13 yrs	40.00	48.00	52.00	44.00
14 yrs	38.00	46.00	50.00	42.00
15 yrs	36.00	44.00	48.00	40.00
16 yrs	34.00	42.00	46.00	38.00
17 yrs	32.00	40.00	44.00	36.00
18 yrs	30.00	38.00	42.00	34.00
FEMALE	FREE	BACK	BREAST	FLY
12 yrs	42.00	50.00	54.00	46.00
13 yrs	40.00	48.00	52.00	44.00
14 yrs	39.00	47.00	51.00	43.00
15 yrs	38.00	46.00	50.00	42.00
16 yrs	37.00	45.00	49.00	41.00
17 yrs	36.00	44.00	48.00	40.00
18 yrs	35.00	43.00	47.00	39.00

31 January 2010 – LAUNCESTON**2010 Tasmanian Distance Championships**

Warm-up: 8.00am Start: 8.30am

EVENT	GENDER	AGE	DISTANCE	STROKE
1	Men	Open	1500m	Free
2	Boys	16 – 18 Years	1500m	Free
3	Boys	14/15 Years	1500m	Free
Events 1 – 3 to be swum together				
4	Women	Open	800m	Free
5	Girls	16 – 18 Years	800m	Free
6	Girls	14/15 Years	800m	Free
Events 4 – 6 to be swum together				
7	Boys	12/13 Years	400m	Free
8	Girls	12/13 Years	400m	Free
9	Boys	11 & Under	400m	Free
10	Girls	11 & Under	400m	Free
Events 7 – 10 to be swum together				

Events swum as mixed timed finals, seeded by fastest entry time.

Events of the same distance will be seeded together.

To be eligible for both Open and age-group medals (1500m and 800m Freestyle), swimmers must enter the respective open and age group events, however will only be required to swim once.

Qualifying Times

MALE			FEMALE		
Open	1500m	19.00.00	Open	800m	11.00.00
16-18 yrs	1500m	20.00.00	16-18 yrs	800m	11.20.00
14-15 yrs	1500m	21.00.00	14-15 yrs	800m	11.55.00
12-13 yrs	400m	5.45.00	12-13 yrs	400m	6.10.00
11 & under	400m	6.30.00	11 & under	400m	6.30.00

Entries (\$9 per event) close ONLINE and at the Swimming Tasmania Office at 5pm on Tuesday 19 January

February 2010

6 & 7 February 2010– Huonville

2010 Country Medal Meet – Huonville

SESSION ONE

Warm up: 9.30am

Start: 10.10am

EVENT	GENDER	DISTANCE	STROKE	Time Standard
1	Boys 8 and under	25	Breaststroke	
2	Girls 8 and under	25	Breaststroke	
3	Boys 17 and over	200	IM	
4	Girls 17 and over	200	IM	
5	Boys 11/12 years	100	Backstroke	=/faster than 1.32.00
6	Boys 11/12 years	100	Backstroke	Slower than 1.32.00
7	Girls 11/12 years	100	Backstroke	=/faster than 1.33.50
8	Girls 11/12 years	100	Backstroke	Slower than 1.33.50
9	Boys 15/16 years	100	Breaststroke	=/faster than 1.20.50
10	Boys 15/16 years	100	Breaststroke	Slower than 1.20.50
11	Girls 15/16 years	100	Breaststroke	=/faster than 1.33.50
12	Girls 15/16 years	100	Breaststroke	Slower than 1.33.50
13	Boys 13/14 years	100	Backstroke	=/faster than 1.18.50
14	Boys 13/14 years	100	Backstroke	Slower than 1.18.50
15	Girls 13/14 years	100	Backstroke	=/faster than 1.24.50
16	Girls 13/14 years	100	Backstroke	Slower than 1.24.50
17	Boys 10 and under	50	Backstroke	
18	Girls 10 and under	50	Backstroke	
19	Men's	50	Freestyle	=/faster than 28.00
20	Men's	50	Freestyle	Slower than 28.00
21	Women's	50	Freestyle	=/faster than 32.00
22	Women's	50	Freestyle	Slower than 32.00
23	Boys 13/14 years	100	Breaststroke	=/faster than 1.27.50
24	Boys 13/14 years	100	Breaststroke	Slower than 1.27.50
25	Girls 13/14 years	100	Breaststroke	=/faster than 1.34.00
26	Girls 13/14 years	100	Breaststroke	Slower than 1.34.00
27	Boys 15/16 years	100	Freestyle	=/faster than 1.02.00
28	Boys 15/16 years	100	Freestyle	Slower than 1.02.00
29	Girls 15/16 years	100	Freestyle	=/faster than 1.10.50
30	Girls 15/16 years	100	Freestyle	Slower than 1.10.50
31	Boys 10 and under	50	Breaststroke	
32	Girls 10 and under	50	Breaststroke	
33	Boys 17 and over	100	Backstroke	
34	Girls 17 and over	100	Backstroke	
35	1 Boy and 1 Girl from 11 & Under, 14 & Under & 16 & Under	6x50	Freestyle Relay	

Lunch break (One Hour)

SESSION TWO
To be announced

EVENT	GENDER	DISTANCE	STROKE	Time Standard
36	Boys 8 and under	25	Freestyle	
37	Girls 8 and under	25	Freestyle	
38	Boys 17 and over	100	Freestyle	
39	Girls 17 and over	100	Freestyle	
40	Boys 11/12 years	200	IM	
41	Girls 11/12 years	200	IM	
41	Boys 15/16 years	50	Butterfly	=/faster than 33.50
43	Boys 15/16 years	50	Butterfly	Slower than 33.50
44	Girls 15/16 years	50	Butterfly	=/faster than 37.50
45	Girls 15/16 years	50	Butterfly	Slower than 37.50
46	Boys 10 and under	200	IM	
47	Girls 10 and under	200	IM	
48	Boys 17 and over	100	Butterfly	
49	Girls 17 and over	100	Butterfly	
50	Boys 11/12 years	100	Breaststroke	=/faster than 1.52.00
51	Boys 11/12 years	100	Breaststroke	Slower than 1.52.00
52	Girls 11/12 years	100	Breaststroke	=/faster than 1.43.50
53	Girls 11/12 years	100	Breaststroke	Slower than 1.43.50
54	Boys 13/14 years	100	Freestyle	=/faster than 1.06.00
55	Boys 13/14 years	100	Freestyle	Slower than 1.06.00
56	Girls 13/14 years	100	Freestyle	=/faster than 1.13.00
57	Girls 13/14 years	100	Freestyle	Slower than 1.13.00
58	Boys 15/16 years	200	IM	
59	Girls 15/16 years	200	IM	
60	Men's	50	Breaststroke	=/faster than 40.50
61	Men's	50	Breaststroke	Slower than 40.50
62	Women's	50	Breaststroke	=/faster than 47.00
63	Women's	50	Breaststroke	Slower than 47.00
64	10 and under (2 Boys and 2 Girls)	4x50	Freestyle Relay	

SESSION THREE

Warm up: 9.30am Start: 10.10am

EVENT	GENDER	DISTANCE	STROKE	
65	Boys 8 and under	25	Backstroke	
66	Girls 8 and under	25	Backstroke	
67	Boys 11/12 years	50	Butterfly	=/faster than 50.00
68	Boys 11/12 years	50	Butterfly	Slower than 50.00
69	Girls 11/12 years	50	Butterfly	=/faster than 46.50
70	Girls 11/12 years	50	Butterfly	Slower than 46.50
71	Boys 15/16 years	100	Backstroke	=/faster than 1.11.00
72	Boys 15/16 years	100	Backstroke	Slower than 1.11.00
73	Girls 15/16 years	100	Backstroke	=/faster than 1.23.00
74	Girls 15/16 years	100	Backstroke	Slower than 1.23.00
75	Boys 13/14 years	200	IM	
76	Boys 13/14 years	200	IM	
77	Boys 10 and under	25	Butterfly	
78	Girls 10 and under	25	Butterfly	
79	Boys 17 and over	100	Breaststroke	
80	Girls 17 and over	100	Breaststroke	

81	Boys 11/12 years	100	Freestyle	=/faster than 1.22.00
82	Boys 11/12 years	100	Freestyle	Slower than 1.22.00
83	Girls 11/12 years	100	Freestyle	=/faster than 1.20.00
84	Girls 11/12 years	100	Freestyle	Slower than 1.20.00
85	Boys 13/14 years	50	Butterfly	=/faster than 37.00
86	Boys 13/14 years	50	Butterfly	Slower than 37.00
87	Girls 13/14 years	50	Butterfly	=/faster than 42.00
88	Girls 13/14 years	50	Butterfly	Slower than 42.00
89	Boys 10 and under	50	Freestyle	
90	Girls 10 and under	50	Freestyle	
91	Men's	50	Backstroke	=/faster than 35.50
92	Men's	50	Backstroke	Slower than 35.50
93	Women's	50	Backstroke	=/faster than 41.50
94	Women's	50	Backstroke	Slower than 41.50
95	Open Mixed (3 boys and 3 Girls)	6x50	Freestyle Relay	

Entries close ONLINE and at the Swimming Tasmania Office at 5pm on Tuesday 26 January

Individual Events - \$7.00 Relays - \$12.00

Open to all members

8 February 2010– Derwent River

2010 Trans-Derwent

For details: www.royalhobartregatta.com

13 & 14 February 2010

Devonport City Club Meet (Age as at 2 February)

**First Session – Saturday 13 February
Warm-up: 8.00 – 8.45am Start: 9.00am**

Men's Events	Qual. Time	Women's Event	Qual. Time	Age	Distance	Stroke
1	6:20	2	6:30	Open	400m	Freestyle
3		4		8 / 9	50m	Freestyle
5		6		7 & Under	50m	Freestyle
7		8		10 / 11	50m	Breaststroke
9		10		Open	50m	Breaststroke
11		12		12 / 13	100m	Backstroke
13		14		14 / 15	100m	Butterfly
15		16		16 & Over	200m	Individual Medley
17		18		8 / 9	50m	Butterfly
19		20		12 / 13	200m	Individual Medley
21		22		14 / 15	100m	Breaststroke
23	3:40	24	3:50	Open	200m	Butterfly
25		26		11 & Under	100m	Freestyle
27		28		7 & Under	25m	Freestyle
29		30		16 & Over	100m	Backstroke
31		32		9 & Under	4 X 50m	Freestyle Relay
33		34		11 & Under	4 X 50m	Freestyle Relay
35		36		13 & Under	4 X 50m	Freestyle Relay
37		38		15 & Under	4 X 50m	Freestyle Relay
39		40		Open	4 X 50m	Freestyle Relay

**Second Session – Saturday 13 February
(Lunch break 60mins – Last 15mins Warm-up)**

41	3:10	42	3:20	Open	200m	Freestyle
43		44		8 / 9	50m	Backstroke
45		46		10 / 11	50m	Freestyle
47		48		12 / 13	100m	Butterfly
49		50		14 / 15	100m	Freestyle
51		52		16 & Over	100m	Breaststroke
53		54		7 & Under	25m	Backstroke
55		56		Open	50m	Butterfly
57		58		10 / 11	50m	Butterfly
59		60		12 / 13	100m	Breaststroke
61		62		14 / 15	200m	Individual Medley
63		64		16 & Over	100m	Freestyle
65		66		9 & Under	200m	Individual Medley
67	6:20	68	6:30	Open	400m	Individual Medley

**Third Session – Sunday 14 February
Warm-up: 8.00 – 8.45am Start: 9.00am**

69				Mixed	10 X 50m	Club Trophy Freestyle
70		71		Open	50m	Backstroke
72		73		8 / 9	50m	Breaststroke
74	4:00	75	4:10	Open	200m	Breaststroke
76		77		10 / 11	50m	Backstroke
78		79		12 / 13	100m	Freestyle
80		81		14 / 15	100m	Backstroke
82	.50	83	.50	Open	50m	Freestyle
84		85		7 & Under	25m	Breaststroke
86		87		16 & Over	100m	Butterfly
88		89		10 / 11	200m	Individual Medley
90	3:50	91	4:00	Open	200m	Backstroke
92		93		9 & Under	4 X 50m	Medley Relay
94		95		11 & Under	4 X 50m	Medley Relay
96		97		13 & Under	4 X 50m	Medley Relay
98		99		15 & Under	4 X 50m	Medley Relay
100		101		Open	4 X 50m	Medley Relay

Entries close Online and at the Swimming Tasmania Office at 5.00pm on Tuesday 2 February 2010

Costs: Individual Event - \$5.00
Relay Event - \$10.00
Challenge Relay (Event 69) - \$15.00

20 February to 21 February 2010– Nagambie, Victoria

2010 Australian Open and Age Open Water Championships

For details: www.swimming.org.au

Entries close ONLINE approximately 2 February 2010 at 5.00pm

March 2010

6 to 8 March 2010– HOBART

2010 Tasmanian Age Championships

ALL SESSIONS:

Heats: Warm-Up 8.00am Start: 9.00am
Finals: Warm-Up 3.30pm Start: 4.30pm (Day 1 and 2)
 Warm-Up 2.30pm Start: 3.30pm (Day 3)

First Session – Saturday 6 March

EVENT		AGE	DISTANCE	STROKE
Male	Female			
1	2	12/13 years	100m	Freestyle
3	4	14/15 years	200m	Freestyle
5	6	16-18 years	200m	Backstroke
7	8	12/13 years	100m	Backstroke
9	10	14/15 years	100m	Breaststroke
11	12	16-18 years	100m	Butterfly
13	14	12/13 years	200m	Breaststroke
15	16	14/15 years	400m	Individual Medley
17	18	16-18 years	400m	Freestyle
19	20	12/13 years	200m	Butterfly
21	22	16-18 years	200m	Individual Medley
23	24	14 & Under	4x50m	Medley Relay
25	26	18 & Under	4x100m	Freestyle Relay

Second Session – Sunday 7 March

EVENT		AGE	DISTANCE	STROKE
Male	Female			
27	28	14/15 years	400m	Freestyle
29	30	16-18 years	100m	Backstroke
31	32	12/13 years	200m	Freestyle
33	34	14/15 years	200m	Backstroke
35	36	16-18 years	200m	Breaststroke
37	38	12/13 years	400m	Individual Medley
39	40	14/15 years	200m	Individual Medley
41	42	16-18 years	200m	Butterfly
43	44	12/13 years	100m	Breaststroke
45	46	14/15 years	100m	Butterfly
47	48	16-18 years	100m	Freestyle
49	50	18 & Under	4X100m	Medley Relay

Third Session – Monday 8 March

EVENT		AGE	DISTANCE	STROKE
Male	Female			
51	52	14/15 years	200m	Breaststroke
53	54	16-18 years	200m	Freestyle
55	56	12/13 years	200m	Backstroke
57	58	14/15 years	100m	Backstroke
59	60	16-18 years	400m	Individual Medley
61	62	12/13 years	200m	Individual Medley
63	64	14/15 years	100m	Freestyle
65	66	16-18 years	100m	Breaststroke
67	68	12/13 years	100m	Butterfly
69	70	14/15 years	200m	Butterfly
71	72	14 & Under	4X50m	Freestyle Relay

2010 Tasmanian Age Championships

Qualifying Times

MALE	16-18 years	14/15 years	12/13 years		FEMALE	16-18 years	14/15 years	12/13 years
<i>Freestyle</i>					<i>Freestyle</i>			
100	1.10.00	1.15.00	1.22.00		100	1.15.00	1.17.00	1.22.00
200	2.33.00	2.40.00	2.55.00		200	2.45.00	2.50.00	2.55.00
400	5.10.00	5.25.00	5.45.00		400	5.10.00	5.50.00	6.10.00
<i>Backstroke</i>					<i>Backstroke</i>			
100	1.22.00	1.27.00	1.37.00		100	1.27.00	1.32.00	1.37.00
200	2.55.00	3.05.00	3.25.00		200	3.05.00	3.12.00	3.25.00
<i>Breaststroke</i>					<i>Breaststroke</i>			
100	1.32.00	1.37.00	1.47.00		100	1.37.00	1.42.00	1.47.00
200	3.15.00	3.25.00	3.40.00		200	3.25.00	3.30.00	3.40.00
<i>Butterfly</i>					<i>Butterfly</i>			
100	1.22.00	1.27.00	1.37.00		100	1.27.00	1.32.00	1.37.00
200	3.05.00	3.20.00	3.40.00		200	3.15.00	3.25.00	3.40.00
<i>Individual Medley</i>					<i>Individual Medley</i>			
200	2.55.00	3.05.00	3.15.00		200	3.00.00	3.10.00	3.15.00
400	6.00.00	6.20.00	6.40.00		400	6.10.00	6.30.00	6.40.00

Entries (\$9 per individual event & \$16 per Relay team) close ONLINE and at the Swimming Tasmania Office at 5pm on Tuesday 22 February

16 to 21 March 2010 – Sydney

2010 Telstra Australian Championships

For details: www.swimming.org.au

Entries close ONLINE approximately 23rd February 2010 at 5.00pm

20 March – Hobart (Sth), Queenstown (W) & Devonport (Nth & NW)

Junior Age Medal Meet

Please note athletes are permitted to attend only the Junior Age Medal Meet event in the State in the area their club is situated.

EVENT		AGE	DISTANCE	STROKE
Male	Female			
1	2	8 & Under	50m	Butterfly
3	4	9 years	50m	Butterfly
5	6	10 years	50m	Butterfly
7	8	11 years	50m	Butterfly
9	10	12 years	50m	Butterfly
11	12	13 years	50m	Butterfly
13	14	8 & Under	50m	Backstroke
15	16	9 years	50m	Backstroke
17	18	10 years	50m	Backstroke
19	20	11 years	50m	Backstroke
21	22	12 years	50m	Backstroke
23	24	13 years	50m	Backstroke
25	26	8 & Under	50m	Breaststroke
27	28	9 years	50m	Breaststroke
29	30	10 years	50m	Breaststroke
31	32	11 years	50m	Breaststroke
33	34	12 years	50m	Breaststroke
35	36	13 years	50m	Breaststroke
37	38	8 & Under	50m	Freestyle
39	40	9 years	50m	Freestyle
41	42	10 years	50m	Freestyle
43	44	11 years	50m	Freestyle
45	46	12 years	50m	Freestyle
47	48	13 years	50m	Freestyle

Conditions of entry:

- The opportunity to participate in this event will also be available to learn-to-swim participants and school students
- Any swimmer who won an **individual** medal in any of the four strokes at the following Championships during the previous 12 months, is not eligible to compete at the Junior Age medal Meet in that stroke, irrespective of the distance in which the medal was won:
 - Tasmanian Short Course Championships
 - Tasmanian Championships
 - Tasmanian 11 & Under Championships
 - Tasmanian Age Championships
 - Tasmanian Age Sprint Championships

Entry: Closing date- Tuesday 16 March 2010 online or through the club

ONLY Education schools and learn to swim schools entries – on the day

Medals and Badges:

Medals to be presented to the fastest three in each event at each meet.

Badges to be presented to the 4th through to 8th placing in each event at each meet.

Entries: \$3.00 per individual event

April 2010

5 to 10 April 2010– Sydney

2010 Australian Age Championships

For details: www.swimming.org.au

Entries close ONLINE approximately 15th March 2010 at 5.00pm

90-Day Rule dates for Championship events

A swimmer representing a State or a Club affiliated to a State shall be registered with that State or Club for a period of not less than 90 days, or from the commencement of the current state swimming season, whichever is the less, prior to the closing date for entries for the particular championship being entered

Swimming Tasmania Swimming Season:

Summer – 1st October to 30th April in any given year

Winter – 1st May to 30th September in any given year

Tasmania Open and 11/Under Championships – 6 October 2009

Tasmanian Age Sprint Championships – 31 October 2009

Tasmanian Long Distance Championships – 1 November 2009

Tasmanian Open Water Championships – 15 September 2009

Tasmanian Age Championships – 23 November 2009