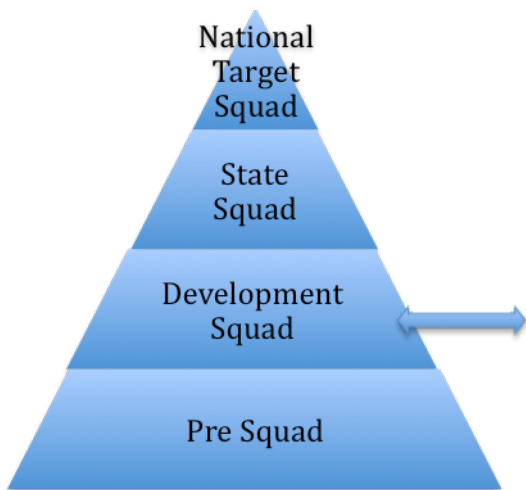


H²O Structure

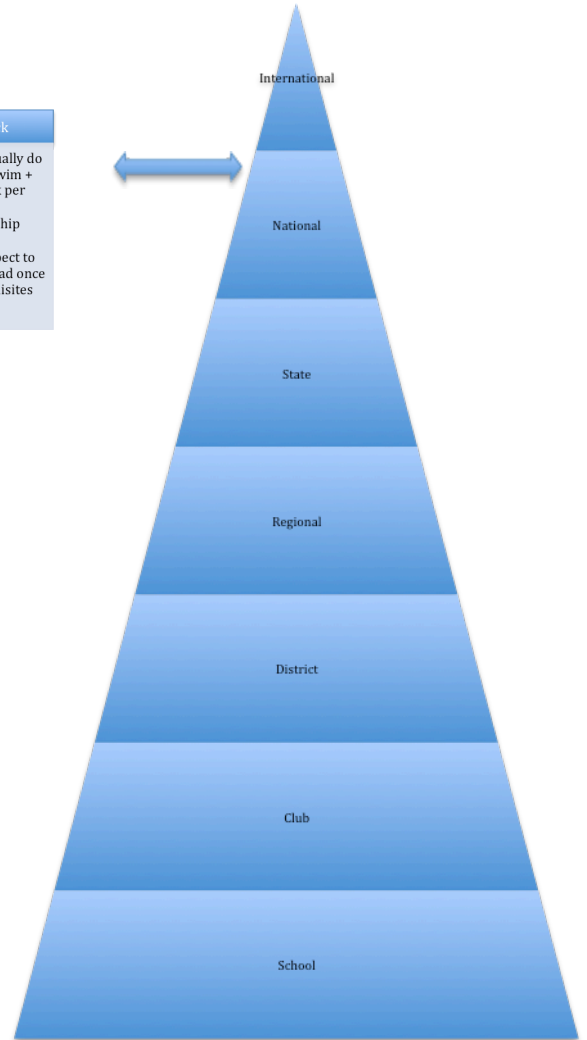


Teen Fit

- Must be Development Squad or higher
- No mandatory requirements
- Club membership optional
- Entry only if vacancies exist
- May re-enter squad or club at any time

Fast Track

- Swimmers usually do one learn to swim + one Fast Track per week
- Club Membership optional
- Swimmers expect to move into squad once entry pre requisites are made



H²O Squads



Advanced	• 6 per class
Intermediat-Advanced	• 6 per class
Intermediate	• 6 per class
Beginner-Intermediate	• 6 per class
Beginner C	• 5 per class
Beginner B	• 5 per class
Beginner A	• 4 per class

MH²O Swimming Club

Note:

- ◆ all lessons are 45 minutes
- ◆ we work to the school term
- ◆ we are CLOSED for all public long weekends

H²O Learn to Swim