

# H<sup>2</sup>O LEARN-TO-SWIM APPLICATION

## TERM: ONE 2012



**DON'T BE A FISH OUT OF WATER THIS YEAR – JOIN THE H<sup>2</sup>O LEARN-TO-SWIM PROGRAM**

### NEW ENROLMENTS:



- Upon receiving your enrolment form, office staff will contact you to arrange an assessment to ensure your child be placed in the correct level.
- Please complete ALL sides of the forms and return to the office either by fax 03-9572-3006 or email [anita.h2o@hotmail.com](mailto:anita.h2o@hotmail.com)
- Full payment is expected at the time of class confirmation.
- An administration fee of \$25.00 may apply should you confirm a place and then cancel.

### SWIMMER DETAILS

<b>Child's Name:</b>	1. _____	<b>Sex</b> M or F	<b>Birth Date</b> ___ / ___ / ___	<b>Level</b> (see below) _____
	2. _____	M or F	___ / ___ / ___	_____
	3. _____	M or F	___ / ___ / ___	_____

**Parent/Guardian Surname:** \_\_\_\_\_ **Given Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
 \_\_\_\_\_ **Postcode:** \_\_\_\_\_

**Contact Nos.** Home: (0 ) \_\_\_\_\_ Work: (0 ) \_\_\_\_\_  
 Mobile: \_\_\_\_\_ Fax: (0 ) \_\_\_\_\_  
 Email: \_\_\_\_\_

**Emergency Contact Details** *(if same as above; please detail secondary contact and/or regular doctor)*

Name	Relationship	Work Phone	Other Phone

**LEVELS** *(if unsure contact office)*

<b>Beg A</b>	<b>Beginner A:</b>	Timid Beginners. Water familiarisation and introduction of swimming skills. 3 children per class. <b>30 Minutes</b>
<b>Beg B</b>	<b>Beginner B:</b>	Confident Beginner. Willing to put head & face under water - can torpedo. Swimming short distances unaided. Developing Freestyle, Backstroke and Survival Backstroke. 4 children per class. <b>30 minutes</b>
<b>Beg -Int</b>	<b>Beginner -Inter:</b>	Can swim Freestyle and Backstroke 5 metres unaided. Further refinement on strokes and co-ordination on breathing. Introduction of Breaststroke Kick. 5 children per class. <b>45 minutes</b>
<b>Int</b>	<b>Intermediate:</b>	Can swim 25metres of both Freestyle and Backstroke. Fine-tuning technique particularly developing bent arm recovery in Freestyle. Developing Life Saving Backstroke and Breaststroke kick. 6 children per class. <b>45 minutes</b>
<b>Int-Adv</b>	<b>Inter-Advanced:</b>	Can swim 50m Freestyle, and Backstroke. Consolidating all strokes. Refining Breaststroke timing and coordination. Introducing Dolphin Kick. <b>45 minutes</b>
<b>Adv</b>	<b>Advanced:</b>	Can swim 100m Freestyle and Backstroke. Emphasis on technique and endurance. Freestyle and Backstroke, developing bent arm pull. Butterfly is begun. 6 children per class. <b>45 minutes</b>
<b>Pre Sq</b>	<b>Pre Squad:</b>	Can swim 200m Freestyle and Backstroke and can maintain technique with all strokes over increasing distances. Skills as a precursor to squad level entry such as dives and somersaults will be developed. Up to 12 children per class. <b>60 minutes</b>

**LESSON DAY TIME and PREFERENCE (approximate times only)**

Please mark 3 alternatives numbered in order of preference.

Note we cannot guarantee your preference but will endeavor to do our best to accommodate your needs.

Tuesday  4pm  4.30pm  5pm  5.30pm  6pm  6.30pm

Thursday  4pm  4.30pm  5pm  5.30pm  6pm  6.30pm

Saturday  1pm  2pm  3pm  4pm  5pm

**MEDICAL INFORMATION**

Do the participants suffer from any pre-existing illness, injury or learning difficulty that may affect learning, their swimming, and interaction with their teacher or other students?

Student Name: \_\_\_\_\_

Details: \_\_\_\_\_

Student Name: \_\_\_\_\_

Details: \_\_\_\_\_

Student Name: \_\_\_\_\_

Details: \_\_\_\_\_

In the event of an emergency, I authorise H<sup>2</sup>O Swimming Works to use every available medical resource to help my child.

Name of Parent/Guardian: (please print)

Signed Parent/Guardian:

**EXPRESSION of INTEREST**

Please tick other services you may be interested in.

Adult beginner private  Adult beginner  group Tues  6pm Thurs  6pm  Sat 5pm

Adult Stroke/fitness squad  Tues 6pm  Thurs 6pm  Sat 5pm

Children's Squad (insert number of children who may be eligible)

Tues 5pm OR 6pm (insert preference)

Thurs 5pm OR 6pm

Sat 4pm OR 5pm

Swimming Club (Social and Racing opportunities affiliated with MH2O Swimming Club and/or Powerpoints Masters Swimming Club)

## TERMS AND CONDITIONS

### GENERAL

- Swimming lessons are just like any other lesson conducted at school and should be treated the same. We expect swimmers to be punctual and to notify us in advance of any absences.
- Responsible behaviour is expected from students at all times.
- If you are bringing other children with you to watch the lessons please remember that they must be actively supervised at all times and are NOT the responsibility of H<sup>2</sup>O Swimming Works staff.
- Spectators are required to sit in the chairs provided or in the grandstand. Any questions or problems must be addressed to the teaching supervisor or desk person.
- All students are expected to arrive at least 10 (ten) minutes prior to their start time to allow time to be correctly attired, visit the bathroom and begin the lesson promptly. Classes will not be extended for late arrivals.

### SWIMMING ATTIRE

- All swimmers are required to be properly attired in the pool. One-piece bathing suit must be worn with no loose fitting items of clothing over the top. Board shorts are not to be worn. Rash vests may be used in the first 3 levels to keep warm as the younger swimmers are not as mobile.
- As we accumulate a large volume of lost property it is advised that all items be marked with child's name in laundry marker pen. No responsibility is taken for lost items or valuables left anywhere in the facility. Lost property will not be held over into the new term.
- **ALL students are expected to wear a cap while in lessons and we recommend the use of goggles.**

### ABSENCES and MAKEUPS

- There are no deductions or refunds for missed lessons.
- If absence is correctly notified 24 hours in advance, TWO lessons may be made up during the term IF and WHERE space is available.
- When we are full, makeups can only occur if someone calls in absent as we cannot exceed our class numbers. This then allows US time to slot alternative swimmers into the vacant spot for a makeup class if needed. Please phone the office to arrange your makeup. We will endeavour to schedule your makeups at a time to suit, but this cannot be guaranteed.
- Makeups will not be carried over into the next term.
- In the event of sudden illness on the day, please phone Nik on 0422 799 406

### PAYMENTS and BOOKINGS

- In extreme circumstances e.g. prolonged illness or injury with an accompanying doctor's certificate, your booking will be suspended indefinitely until the problem can be resolved, whereupon the swimmer can recommence in the program. Note: this does not guarantee the same class time.
- New Enrolment fees must be paid in full on confirmation of class times and prior to commencement date.
- Fees must be paid in full and prior to the end of term, to re-enrol and guarantee your place for the following term. Unpaid for places will be released for others during the school holiday period immediately on completion of the term.
- Testing, promotions and re-enrolments all occur during the final 2 lessons every term and are subject to the teaching supervisor's approval.
- Payment can be made by credit card (VISA or MasterCard only) over the phone or in person by cheque, cash or credit card.
- If paying by cheque, please make payable to **H<sup>2</sup>O Swimming Works** and ensure the following details are included on the back of the cheque.
  - 1. **Child/ren's Full Names**
  - 2. **Lesson Day + Time**
- Send cheques to our office at 38 Grant Street East Malvern, Vic 3145

I have read the conditions regarding Medical Information and the Terms and Conditions above and agree to the terms set out. Should my child be absent, I will endeavour to give notice by ringing the office at least 24 hours prior to the class.

*I give permission for my child's photo to be displayed at the pool or on our website, for promotional purposes.*

Signature of Parent/Guardian: \_\_\_\_\_ Name (print) \_\_\_\_\_ Date: \_\_\_\_\_

Where did you hear about H<sup>2</sup>O? (E.g. Ad, Friend) \_\_\_\_\_

**H<sup>2</sup>O SWIMMING WORKS** ABN 53068736247

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