

# Lane 4



## The Occasional E-News of H<sup>2</sup>O Swimming Club

### Forthcoming Swim Meets.

- **April 5th Tigersharks Novice meet.** Great meet for Novices particularly pre Squad and Development Squad, unregistered swimmers and learn to swim. Fun, friendly and a great introduction to racing. **Entries Closed.**
- **There are no details posted on the Swimming Victoria Website at this point for swim meets we will be targeting in Term 2. I will distribute meet information as it comes to hand.**

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### Club Day a huge success!

### Formation of the new club

Feedback from our combined Club Day has been very favourable with approximately 90 swimmers competing on the day.

It was lovely to see the younger swimmers attempting events they had not done before although there were some tears and jitters for a few who had never raced. I believe the format we strive toward, to encourage young swimmers to compete in a friendly and supportive environment, is a great introduction to the sport of swimming not only for the swimmers, but also for the parents.

The events ran smoothly, we finished on time and the sausage sizzle was a big hit. There were smiles all round for those who won ribbons and medals too!

We also handed out certificates for the spate of records broken this year to Ben Todhunter, Nick Peachy, Austen Nguyen and Benno Negri. Please note that Club records cannot be set at any meet unless electronic timekeeping is used.

I would like to extend a big thankyou to the many volunteers from both clubs who assisted on the day without which the meet would not have run as well. Hopefully, if you were comfortable in your roles, you will elect to volunteer for those positions again for our Club Championships.

Seating was a bit tight and we hope to hire a larger pool for our Club Championships toward the end of Term 2 as we expect more swimmers and spectators.

Enclosed with this e-news is a copy of all the results from the day. The Club Championships will need to be a bit stricter following the rules of competition although we will be a bit more lenient with the younger ages. However, Term 2 is the time for our youngsters to learn and practise these rules ready for the big day.

The merging of the Melbourne Emperors and H<sup>2</sup>O will create a larger club and we need to change the mindset of all swimmers and parents as to their responsibilities as club members. The club has never been volunteer driven, relying on the staff of H<sup>2</sup>O to carry most of the workload.

This has become unsustainable however, Australian Swimming survives on the work of volunteers, from club to National level and we would have no Australian Olympic Swim team if it were not for the voluntary work of thousands around Australia. Despite how it may appear swimming in this country is not a professional sport.

A core objective of the new merged entity will be to get **all members, including parents to contribute something to the club. Ask not what your club will do for you, ask what you can do for your club.**

Shortly, we will be announcing the date of an Extraordinary General Meeting, to be followed by an AGM in order to officially end the 08/09 swimming year. We hope you will be there.

Early in the new term we will be calling for volunteers to sit on our new committee and steer us into the future. Ideally we will have an equal number of representatives from both clubs and I urge everyone to consider volunteering. Almost every club or organization has 4 bones.

- There are the WISHBONES, who spend all their time wishing someone else would do the work.
- There are the JAWBONES, who do all the talking and very little else.
- The KNUCKLEBONES, who knock everything that other folks do.
- And the BACKBONES who get on and do the work!!

**Which will you be?**

### All Junior Results

Well done to our group of swimmers who competed in the All Junior semi finals with many PB's being recorded.

Three swimmers made it through into the finals. Our results were:

**Sarena Nguyen: Girls 12 years  
50m Fly 9th place**

**Austen Nguyen: Boys 8 years  
50m Breast 3rd place; 50m Free  
4th place .**

**Benno Negri: 1st Boys 10 yrs  
50m Free and 50m Fly; 4th 50m  
Back; 10th 50m Breast.**

**Benno was the outstanding swimmer who also broke a long standing record with his impressive butterfly swim.**

### Tigersharks Meet

If anyone has entered this meet please email urgently, me so I can determine the number of coaches to send which will be based on numbers.

### Thought For The Week:

**Ability is what you can do,  
Motivation is what you  
actually do,  
Attitude is how well you do it.**